

# 6<sup>th</sup> SOMBORMAN - SERBIAN SPRINT TRIATHLON CUP RACE - CENTRAL EUROPEAN CUP RACE (August 21<sup>th</sup>, 2016.)

## Time table:

**08:00 - 09:00** Start package pickup & marking (GPS coordinates: 45°45'21.2"N 19°05'42.8"E)

**09:05 - 10:00** Transmission control & CHECK IN for Mini, Super Kid & Super Sprint triathlon

– Mini triathlon warm up

**10:10** Mini triathlon line up

**10:15** START of Mini triathlon (category: Beginners)

– Super Kid & Super Sprint triathlon warm up

**10:30** Super Kid i Super Sprint triathlon line up

**10:35** START of Super Kid & Super Sprint triathlon (categories: mlade nade i nade)

**11:30** CHECK OUT for Mini, Super Kid & Super Sprint triathlon participants

**11:50** CHECK IN for Sprint triathlon

– Sprint triathlon warm up

**12:25** Sprint triathlon line up

**12:30** START of Sprint triathlon

**14:00** CHECK OUT for Sprint triathlon participants

**14:30** Medal ceremony

## Race description:

Swimming segment starts from the water beside the bridge on Apatinski road. Participants swim two rounds from the starting point. Distance from the starting point to the first buoy is 187,5 meters, and the total distance of the swim course is 750 meters (Sprint triathlon race). After coming out of the water, participants run to the transition area (TA) where they leave swimming gear, and are taking their bikes. Participants get on their bikes at MOUNT line that is located just after the TA and start the bike course. Bike course (Sprint triathlon race) consists of riding 4 laps, and each lap is 5km long. At the end of the bike course, riders come off their bikes at DISMOUNT line, and run back into the transition area (TA) to leave bikes, take running gear and head off to the run course. Participants run 5 laps clockwise (one lap is 1km long). After completing the run, participants enter the finish area.

Youtube clips from previous two races:

4<sup>th</sup> SOMBORMAN > <https://www.youtube.com/watch?v=tbLt3all76w>

5<sup>th</sup> SOMBORMAN > <https://www.youtube.com/watch?v=XnXJ7sWoRjs>



**Fotokopirnica Prva**  
Pariska 15, Sombor

**Poslastičarnica  
„KIVI“**  
Vojvođanska 3, Sombor



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## Categories:

Beginners: 2005. & younger

Mlade nade: 2003. & 2004.

Nade: 2001. & 2002.

Juniors: 1998. - 2000.

Absolute category: 2000. & older

Veterans > age groups: 18 - 30; 31 - 40; 41 - 50; 51+

## Distances:

Mini triathlon: Beginners: 50m - 2km - 500m (1-1-1 laps)

Super Kid triathlon: Mlade nade: 0.2km - 5km - 0.8km (1-1-1 laps)

Super Sprint triathlon: Nade: 0.4km - 10km - 2.4km (2-2-3 laps)

Sprint triathlon: Juniors, Elite, Veterans: 0.75km - 20km - 5km (2-4-5 laps)

## Prizes:

First, second and third participant in ranking in every category receives a medal. We offer no prize money, only glory!

## Important notes:

1. Every participant is competing on its own responsibility and with its own signature guarantees that he or she is capable for participation in the race. Participants also have to assure organizers that they have undergone medical health check prior to the race!
2. Organizers take no responsibility for damage or disappearance of equipment or personal belongings.

## Applications:

Application deadline is **Wednesday, 17.08.2016.** until **20h!!!**

ON-LINE REGISTRATION FORM FOR PARTICIPANTS: <http://goo.gl/forms/iQxZMbqQ5cwmXuWq2>

Clubs with larger number (more than 5) of participants can apply via e-mail: [info@triatlonklubsprint.org](mailto:info@triatlonklubsprint.org)

Applications should contain: participants first & last name, city and country, year of birth, T-shirt size, name of the race and category to compete in, triathlon club name, triathlon license number (if possible).

**Entry fee:** Sprint triathlon - 1000 rsd (or 10€); Super Kid & Super Sprint triathlon - 500 rsd (or 5€);  
Mini triathlon - 300 rsd (or 3€).

**Important:** only participants born in the year 2000. & older can compete in the Sprint triathlon!!



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